



# Completing the Online Camper Health History

*The Camper Health History is done online and is the focus of this document.* Parents and/or guardians complete **Camper Health History**. The **Camper Health History** deals with allergies, dietary needs, past injuries, illnesses, etc. You will complete this online form at any time, but it **MUST BE COMPLETED BEFORE YOUR CAMPER ARRIVES TO CAMP.**

Below are some basic instructions on **COMPLETING THE ONLINE CAMPER HEALTH HISTORY FORM**. If you have any questions please contact us and we will be glad to help you.

1. Go to the Friendly Pines Camp website ([www.friendlypines.com](http://www.friendlypines.com)) and under the *Current Families* tab click **Account Login**. (You can also click on the **Enroll Now** tab at the top of the page.) Use the email address and password you used to create your camper's application. This will bring you to the **Online Registration Homepage**.
2. Click on "**View Registration Details**".
3. You should now be on the "**Camp Registration**" page. On the right side you will see the **Forms** column. It should show each registered camper and the forms that have been submitted and the ones waiting to be completed.
4. **Click on "Camper Health History"** for the camper, or one of the campers whose form needs "to be completed".

*You should be on Page 1 of this 7 page form. Proceed.*

***Important: If your camper attended before, you should see the information you provided at that time. You are allowed to keep it the same or make any changes you feel are necessary for 2021.***

## Page 1— Height and Weight

These are the only required pieces of information. All items throughout the document with a **red asterisk \*** are required.

## Page 2 — Allergies and Dietary Restrictions

Here, you will give us complete information about the camper's allergies and dietary needs. This information will be shared with the medical staff, the kitchen, and your camper's counselor.

## Page 3—Medications and Treatments

Please list all medications your child is taking..

**Over the Counter Medications** ---You will see a list of the medications we keep on hand in the Health Center. Indicate whether or not your child is allowed to take these medications. Please don't send your camper with any of these medications.

## Page 4—Immunizations

You will need to complete this section in one form or another to complete the Camper Health History. **Important: If your camper attended in 2019, you will see the immunization information you included in 2019. If you mailed, faxed, or uploaded a copy of your camper's immunizations, we should have a copy. This copy will be just fine, provided no updates were necessary. Check to**

request that if we have your earlier immunization by us by emailing to [medical@friendlypines.com](mailto:medical@friendlypines.com).

If this is your first summer, below are a couple of scenarios to consider.

If the camper was **NOT** here last summer, you will need to fill out the online form for immunizations.

**OR**

You can upload a copy of your immunization records.

**OR**

You can mail, email ([medical@friendlypines.com](mailto:medical@friendlypines.com)), or fax (928-445-6065) a copy of the current immunization record.

See the included information “**Submitting Immunization Records**” for detailed discussion on how to get us your up-to-date immunization records.

### **Page 5—Health History**

When you check a box under either the medical conditions or disease history that applies to your child another box will open, which will allow for additional information about the occurrence, condition or illness.

The form starts with a long list of conditions. You will notice that “homesickness” is one of them. We don’t really think it should be, but we can’t alter the form.

The second part of the form is a list of diseases (mostly childhood diseases).

You will notice a section on activity restrictions. This section is intended for activities that you feel your camper should avoid or need help with because of physical restrictions. You are welcome, however, to use this section for letting us know about activities you would prefer your child **not** participate in for philosophical or personal reasons.

### **Page 6—Health Insurance and Doctor Information**

Provide health insurance and physician information here. Please remember that Friendly Pines Camp carries a modest health insurance policy for each camper. It will be used as the primary insurance in the event of illness or injury. There is an \$1100 limit for illness and a \$3500 limit for accidents. If the costs exceed this, the excess will be passed on to your insurance.

### **Page 7—Permission to Treat**

This is perhaps the most critical section of them all. **Your electronic signature will allow us to seek medical care for your camper should that ever be necessary.**

**You’re finished. Submit the Camper Health History. Complete for another camper if that applies.**

#### **Additional Information:**

- You may complete this form at any time. Please do not submit later than **May 1, 2021**
- Once the form is submitted no changes can be made online. If you need to change information, please contact the office directly.
- Please be timely. Information in both the HEALTH HISTORY and the PHYSICAL EXAM forms is reviewed by our medical staff before the campers arrive. The medical staff share important information about your campers with the children’s counselors; therefore, we need this information a few weeks before the session actually begins in order to do our very best job for your camper.