



The Word on Non-Prescription Drugs and Supplements At Camp

It has been our long-standing policy to **NOT administer any medications that are not prescribed by a doctor**. All meds must come in the labeled prescription bottle or be accompanied by a doctor's signed directions. You will find this policy expressed on the **Camper Physical Exam Form** and in the **Parent Handbook**.

These non-prescribed meds tend to fall under a couple of categories. Many parents bring in bags of common over-the-counter medications. They are often simple items like Ibuprofen or Benedryl. We DO stock many of these common medications, and all of them have been approved by the physicians who write and review our standing orders. So if your child takes a particular over-the-counter allergy medicine, chances are we have it and have been given doctor's approval to administer it.

If you have some over-the-counter medication that you give your child daily, **you will need to provide a doctor's orders**.

The other non-prescribed medications that we see often falls into the homeopathic or supplemental category - herbal supplements, essential oils, etc. We know that many of you give your children these products daily, but in order for our nurses to do so, **we will need a doctor's orders**. Our med staff, understandably, is reluctant to giving out medications that they know little or nothing about. There is a liability risk that they are not willing to assume, and we back them on this.

So, please comply to our request to make sure that any medications that you bring to camp for your child are accompanied with signed doctor's orders or are in a labeled bottle. In these cases, we are happy to comply.

If you have any questions, please contact us.

Cordially,
Kevin Nissen and Megan May, Co-Directors