



SUMMER 2021

PACKING GUIDE



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FRIENDLY PINES CAMP



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PACKING TIPS & REMINDERS

THOROUGHLY READ, PRINT OUT, AND USE THIS PACKING GUIDE!

This seems obvious, but it's fundamental to your packing success. We have specific requirements and have spent time carefully creating a list of appropriate and necessary items for your camper's comfort and our activities. Review this guide early to see if there is anything you need to order ahead of time. You will get your camper off to a great start by making sure they have everything they need. The guide also includes items NOT to bring to camp ([See pages 6-8.](#))

AT THE VERY LEAST, PLEASE PRINT OUT PAGE 10 OF THIS GUIDE!

MAKE PACKING A TEAM EFFORT: INCLUDE YOUR CAMPER IN THE PROCESS

When your camper is away, you won't be there to help locate towels, socks, or their second, clean pillow case. It's important for kids to feel empowered and responsible for their own belongings before they leave for camp. Learning to keep track of their stuff is one way kids grow from their camp experience. So, whether it's laying out items on the packing list, labeling things, or packing, let your camper lead the way. Even still, you should know what goes in their bags and what stays out.

START FROM SQUARE ONE: PICK YOUR PERFECT BAG

In packing, duffel bags or suitcases are preferable, particularly if they're collapsible. Our "MegaPak", featured in our online camp store is the perfect camp luggage! Bags that are collapsible are best suited for camp, as once unpacked, bags are stored underneath the camper's bed. The children's belongings are all unpacked at camp, and each has his/her own set of shelves.

THE WATER BOTTLE: PERHAPS THE MOST IMPORTANT THING TO PACK!

In our efforts to maintain good health for everyone, we urge campers to keep a water bottle filled with our fresh, pure drinking water FOR FREQUENT DAILY USE. To avoid loss, we suggest a carrier such as a shoulder strap, waist pack, or 'Camelback'. No need to send bottled water with your camper.

THE ESSENTIAL SLEEPING BAG

We find the Sleeping Bag the ideal camp bedding. It is easy to make (yes, the campers make their bed neatly each morning!), keeps the campers warm on the cool-ish nights here in the mountains; can be equipped with a washable liner (which keeps the hygiene level high), and is a MUST for overnight camping trips. A good quality bag with a full zipper can be a lifetime investment. Medium weight (it never gets below 40°F here in the summer) is ideal. Don't forget to mark it with your camper's name! Some campers choose to bring a fitted sheet as a barrier between their sleeping bag and the mattress, and some kids bring a full sheet and comforter set! (Our bunk beds are twin-sized). Most campers though tend to opt for just a sleeping bag. Bring what you're most comfortable with!

"ALL THE DIRT" ON LAUNDRY

Two-week campers (*and one-week campers that stay over to another session*) have the option of having their laundry during their stay. Laundry service is not available for one-week campers. Friendly Pines Camp will cover the first \$10 of laundry; any charges over the \$10 will be applied to the camper's store account. The laundry service we use charges approximately \$1.30 per pound. Though laundry weights vary from camper to camper, 6-12 lbs. of laundry is pretty typical. We send in laundry once in a two-week session. We send laundry in around the weekend between arrival and departure. Campers, therefore, will return home with a week's worth of dirty laundry.

It's important to know how the laundry service works (unless you decline the laundry service all together). All of the girls' laundry goes to town on Friday and all of the boys' goes to town on Saturday. The clothes arrive at the laundry in huge cabin-group laundry bags. Inside the cabin-group laundry bags is each camper's own laundry in his or her own laundry bag. After washing, drying, sorting, and folding the clothes, the laundry service sends all the clean clothes back in individually-marked packages. In order to sort the clothing, the folks at the laundry must, therefore, be able to read the name of the camper on each and every article of clothing. On the day the laundry comes back, our office receives any unmarked laundry that we must attempt to reunite with each owner. This method works most of the time; unfortunately, we find that some of the campers, particularly the younger ones, aren't able to identify their own jeans (since they all do look pretty much the same)! In many cases, campers don't even realize that the clothing is missing until the day the counselor packs them to go home.

Below are some things that You can do to avoid losing things at camp and keeping your laundry costs down:

1) IT IS CRITICAL THAT YOU MARK ALL OF YOUR BELONGINGS

Whether or not you choose the laundry service, this point is so important, we'd like to repeat it. It is absolutely critical that you mark all your belongings!

2) BE SURE TO MARK EVERYTHING USING INDELIBLE METHODS!

Waterproof, permanent markers such as Sharpies or a special, durable labeling system are best. Anything else might simply wash away.

Label not only those items typically going to the laundry, but also things like belts, jackets, boots, pillows, sleeping bags, cameras, toothpaste, and toiletries. In short, to reduce the risk of losing it, write the camper's name on it!

3) MARK THE CLOTHES IN AN EASY-TO-FIND LOCATION

We strongly suggest that you mark inside and to the back of the neck band of shirts, sweatshirts, jackets, rain gear, PJs, etc. Mark shorts, underwear, jeans, swim-trunks, PJ bottoms, etc. within and to the back of the waistband. Mark socks along the foot or toe, if written, or attach label to top of sock; towels, pillow cases, and blankets along the hem area. Some folks like to “hide” the camper’s name for fear that marking the article in an obvious location will “ruin” it. As a result, they’ll mark the item in a location so obscure that you’d need a treasure map to find it. A little rule of thumb: If you have an article of clothing that you feel will be “ruined” by a marker or label tape, please leave that article at home!

4) HAVE AN ADULT DO THE MARKING ON ALL CLOTHING AND BELONGINGS

Like filling out enrollment applications and medical forms, the job of marking the camper’s belongings is best handled by an adult. Though we think it’s a good idea to have your camper help in getting ready to go to camp, we don’t think it’s wise to hand a child a marker and a stack of clothes and tell him “have at it”. Needless mistakes will occur, and some of those mistakes can be costly.

5) INFORM YOUR CAMPERS NOT TO SEND HEAVY ITEMS TO THE LAUNDRY

Our counselors will keep an eye on this too, but campers should avoid sending in blankets, sleeping bags, and other heavy items that could wait to be laundered at home.

6) MAKE SURE CAMPERS ONLY SEND IN THEIR OWN LAUNDRY

Again, our staff will try to police this as well, but campers need to make sure only their laundry is going in their laundry bag. Because of the way the laundry is done (1 camper, 1 washer, 1 dryer), Sam could be charged for someone else's laundry if another camper's article arrives at the laundromat in Sam's laundry bag. Our office staff will watch the charges and will notify the Director and/or counselor if a notably high charge comes in for someone's laundry. In that case, parents may be notified as well.

Of course, two-week campers always have the option of sending a full session’s worth of clothes to camp. They’d return home, ready to be laundered, promptly. This, however, will not prevent the possibility of lost clothing and belongings. Unmarked items can be just as easily lost right here at camp.

***Note:** Please refer to the "Laundry Service" box on the two-week session clothing check list regarding your decision to accept or decline laundry service. Please mark “yes” or “no”, then sign and date. If neither is indicated, your child's clothing will be sent out for laundry service. There is no additional cost for laundry service unless the poundage exceeds our standard offering.*

STUFF TO LEAVE AT HOME

Camp provides its own entertainment and stimulation. If any unsuitable items, not limited to the list below, are brought to camp, they are locked safely in the camp office until departure time.

- ✘ Food
- ✘ Gum
- ✘ Extra cash
- ✘ Good jewelry
- ✘ Large & dangling earrings
- ✘ Heavy makeup
- ✘ Hair heat tools (e.g. hair dryer or flat iron)
- ✘ Aerosol spray cans
- ✘ Expensive toys/clothing
- ✘ Any battery, electrical, or gas powered items or devices
- ✘ Firearms, ALL knives, hand axes
- ✘ Electronic equipment of ANY sort: cell phones, computers, MP3 players, video games, radios, TVs, hand-held video game consoles, electronic books (e.g. Kindles)
- ✘ Clothing or items that display alcohol, drugs, swear words, political affiliations, or any controversial or inappropriate messages
- ✘ “Questionable taste” items of any sort

**PLEASE CALL US IF
THERE IS A QUESTION!**

DRESS CODE

We at Friendly Pines Camp want you to have the best experience possible during your stay with us. By planning ahead and packing appropriately, you will be contributing to a positive FPC Experience; therefore, our dress code reflects practicality and the values of camp. Usual play clothes - jeans, t-shirts, shorts - are what we wear at camp; Camp is not a runway or a place to show off your fancy clothes. Clothing that you can comfortably move in, participate in activities in, and feel confident and good about yourself in are all great things to wear at camp.

There may be some articles of clothing that we may ask you to bring that you maybe aren't used to wearing. This is mostly to do with safety and practicality concerns. For example, we require all campers and staff to wear t-shirts that have sleeves (i.e. no tank tops or spaghetti straps). This is for sun protection, as days in the mountains can be VERY sunny! We ask that swimming costumes are practical for high energy play: a one piece bathing suit or comfortable-length board shorts are better suited for attempting to stand up on the rolling log in the pool than a bikini or super short swim trunks would be. *We wouldn't ask you to pack certain items if we didn't have a good reason for it!*

What we don't want to happen is for our clothing requirements to reinforce or increase marginalization or oppression of any group based on race, sex, gender identity, gender expression, sexual orientation, ethnicity, religion, cultural observance, household income, or body type/size and shall be enforced consistently.

- All campers and staff should be able to dress comfortably for camp and engage in the camp environment without fear of or actual unnecessary discipline or body shaming
- All campers and staff should understand that they are responsible for managing their own appearance without regulating another individual's clothing/self-expression.
- All campers and staff should be able to use body-positive language.

At the end of the day, FPC expects all campers, staff, and visitors will dress in a way that is appropriate for camp. Dress choices should respect FPC's intent to sustain a community that is inclusive of a diverse range of identities. We are responsible for seeing that attire does not interfere with the health and wellbeing of any individual at FPC nor contribute to a hostile or intimidating atmosphere for anyone.



GREAT CLOTHING ITEMS TO BRING TO CAMP:



CLOTHING YOU SHOULD LEAVE AT HOME:



HOW TO USE THE PACKING LIST

Mark **EVERYTHING** with child's full name

(Yes, that means every item your child brings - not just clothing!)

We suggest either a permanent marking pen, such as a "Sharpie", or iron-on labels. *Note: if you choose an iron-on gummed tape, be sure it is of high enough quality to withstand multiple washings and commercial dryers.*

Write **ON** the "check-list" how many of each article you are sending as you pack it

*You'll need to print a hard copy packing list for **EACH** camper*

Do not overlook marking and listing clothing and other items worn or carried to camp! Think hats, shoes, etc. that campers wear the day of arrival.

We have suggested next to each item the recommended amount you should pack. This is based on our estimation of what the average camper would need per week of camp (*with two-weekers getting their laundry done halfway through their session*)

PACK the completed list **IN** the camper's bag

Each camper's list should be packed in their own luggage.

Counselors will be looking for these completed lists when they unpack their campers. Your count will be verified as we unpack the campers, and their possessions will be tallied again as we pack them up to return home.

