



# 2022 COVID MITIGATION PLAN

WEDNESDAY, MAY 5TH, 2022 | VERSION 1.4.2022

We ran a HUGELY successful, fun, and SAFE program in 2021. We are still so proud of the fact that we had ZERO cases of COVID at camp for the entirety of our 2021 summer season; this enormous feat was all thanks to the hard work from our medical team, camp staff, and camp families who created, implemented, followed (and adapted to the frequent changes to!) our Summer 2021 Mitigation Plan.

As we examine every aspect of how we proceed with our summer operations for 2022, our foremost goal is once again the **safety and protection of our campers, our staff, their families, and the community at large**. To this end, we are again adopting the “Best Practices” for screening, hygiene, congregating, and testing that have been recommended by the CDC, the Arizona State Health Department, the Yavapai County Health Department, and the American Camp Association. We feel we can do no less for the families who have entrusted us with their most precious treasures.

For those camp families and staff that joined us in 2021, Summer 2022 will look somewhat similar, but with four big differences (pre-arrival testing protocols, staff vaccination requirements, optional mask-wearing, and reduced cohorting), which we’ve outlined in the sections below.

## VACCINATIONS:

- COVID vaccinations **will NOT** be required of **campers**
- COVID vaccinations **will be** required for **counselors, medical staff**, and any other staff members who come into frequent, close contact with campers
- COVID vaccinations **will NOT** be required of **all other staff** that do not come into close contact with campers

## PRE-ARRIVAL TESTING:

- All **unvaccinated** campers will need to get an **antigen test** for COVID **from a lab or testing site** within **24 hours before arrival**, and provide proof of a negative result
  - All test results **MUST** be uploaded via the upload portal **BEFORE** arrival at camp (uploading instructions will come just before summer starts)
  - All tests must be conducted at a lab, testing site, or doctor’s office; i.e., **at-home, un-proctored tests are not permitted**
    - The *only* at-home test permitted will be through our verified testing partner, Heed Health. You can register for the reasonably priced, virtually proctored at-home antigen test at the following link:  
<https://hipaa.jotform.com/221197335229154>
  - Campers that do not have their results uploaded before arrival will not be permitted to remain at camp until results are received
- **Fully vaccinated** campers do not need to get a pre-arrival test, but do need to provide proof of vaccination before arrival at camp
  - “FULLY VACCINATED” means the individual has received doses of an FDA approved COVID Vaccination, which at this time (02/14/2022) includes two doses of the Moderna or Pfizer vaccine OR one dose of the Johnson & Johnson vaccine more than two weeks before their arrival at camp
  - Campers that have received only one dose of a two-dose vaccine, are not two weeks past receiving their second dose of a two-dose vaccine, or are not two weeks past receiving their one dose J&J will be considered “unvaccinated” for camp arrival purposes and will need to schedule an antigen test within one calendar day of arrival at camp

THE INFORMATION IN THIS DOCUMENT IS SUBJECT TO CHANGE AT ANY TIME TO KEEP UP WITH CHANGING PUBLIC HEALTH CONDITIONS AND REGULATIONS

- Campers that have legitimate documentation of a positive COVID infection & recovery within the previous 90 days before their arrival at camp can provide this documentation for the pre-arrival test requirement
  - Recently infected campers do not need to get an antigen test or have the vaccine, so long as they can provide proof of a positive test result from a doctor or lab.
  - Campers must be fully recovered from COVID to attend camp; campers that test positive within 10 days before their arrival date will not be permitted to attend camp
- After testing, campers must isolate until arriving at camp to prevent exposure. A signed document attesting to isolation may be required upon arrival.
- All campers and staff must do their due diligence to prevent a positive result before arriving or on the date of arrival at camp; we strongly suggest limiting interaction with anyone outside your immediate household for one week before your camper's arrival, just to be safe.

## MASKS:

- Masks will *not* be required a vast majority of the time
  - Times where campers & staff *may* be asked to wear masks:
    - When visiting inside the infirmary
      - Campers who receive medications will be administered their meds through the infirmary window, and will remain outside; therefore they will not be required to wear a mask, so long as they remain outside.
    - Inside camp vehicles with other campers who are not in their immediate cabin group, like during transportation to/from activities.
- All campers and staff will still be required to bring a few reusable face masks with them, just in case
- Campers & staff who still wish to wear masks will be allowed and welcome to, and will not be asked to remove them except in situations where it may be hazardous; like swimming or sleeping
- FPC, its campers, and staff will maintain a welcoming and hospitable environment for all campers and staff, regardless of their comfort level and feelings towards masks/mask-wearing
- Unvaccinated and/or untested support staff will be required to wear masks when entering cabins, buildings, or when coming in close contact with others
- Unvaccinated and/or untested kitchen staff will be masked every day while working
- All staff, regardless of test or vaccine status, will be encouraged to wear masks on time off and/or when interacting with the public

## MISCELLANEOUS PRECAUTIONS:

- Temperatures of campers and staff will be taken and recorded daily for the first 3 days of each session, as well as upon arrival at camp
- Hand Sanitizer will be made available throughout camp for regular use
- Frequent hand-washing will continue to be encouraged

## CABIN AND ACTIVITY LIFE:

- Campers will choose their own activities and go to activities with campers from other cabins
- There will be no cohorts, and all activities, including evening activities, will be mixed
- During activities, and where appropriate/possible, counselors will encourage campers to maintain appropriate social distancing from other campers and staff

## DINING:

- All campers and staff will eat inside the Dining Lodge
- Tables will be a mix of boys and girls of similar ages, with at least two staff members assigned to each table
- We will keep the same seating arrangements for both weeks, instead of switching seating arrangements halfway through the two-week session like we have in the past (one-week campers will all sit with one another)
- Dining Lodge will have windows and skylights open all summer
- Dining Lodge will add fans to enhance ventilation
- Doors and hatches between the kitchen and dining areas will remain closed unless needed to be opened

## ARRIVAL AND DEPARTURE:

- Temperatures will be taken upon arrival at camp
- No camper will be admitted who has not presented a negative antigen test taken within the time frame prescribed and before their arrival at camp
- Arrivals will be done in two waves, based on last names (e.g. last names beginning with A-L will come during the first hour, last names M-Z arrive during the next hour)
  - Campers traveling with friends or family with different last names may arrive during either arrival wave; i.e. they can arrive together
- Parents/family members will be permitted to visit inside the cabin ONE FAMILY AT A TIME, and all non-campers (i.e. folks that will leave camp after drop-off) will be required to wear a mask inside the cabin at all times, regardless of vaccine or testing status.
- Departures will happen in waves as well
- No bus transportation at all; all campers must be dropped off at camp
- For campers arriving by plane, we will provide transportation from PHX Sky Harbor Airport for a fee. Campers traveling to/from camp must wear a mask inside the vehicle for the duration of the trip. *More airport travel info to come at a later date.*

## INFECTION AT CAMP PROTOCOLS:

- A staff or camper who is presenting with symptoms will be administered a rapid test in our camp infirmary, and then isolated under medical supervision until the results come back, and once causes like allergies and over-heating are eliminated.
- A PCR test in town will be scheduled if results are positive or inconclusive
- Parent of patient (if a minor) will be notified of need for secondary PCR testing
- Those campers and staff who have been in close contact with the initial patient over a determined period of time will be isolated and administered an antigen test until results of the PCR test of the initial patient are received.
- It's very possible that parents of campers/minors who were in close contact may not be contacted until results of PCR from the initial patient are returned.
- A positive PCR of the initial patient will necessitate PCR testing of all in close contact

Our medical staff worked incredibly hard on these policies, and we thank them for their time and dedication. We thank our camp families in advance for understanding and adhering to these policies. We want to make sure camp is a safe but still fun environment for everyone, and we believe that the policies listed herein will help us achieve this goal.

If you have any questions whatsoever about our 2022 COVID Policies, please do not hesitate to reach out to [info@friendlypines.com](mailto:info@friendlypines.com) or call (928) 445-2128. We are so looking forward to welcoming our camp families for another fabulous summer!

Yours & s'mores,

DR. CHRISTOPHER MAY, MD  
FPC President

MEGAN MAY  
Camp Director

ADAM ESPOSITO  
Program Director