

SUMMER 2023

PACKING GUIDE











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PACKING TIPS & REMINDERS

THOROUGHLY READ. PRINT OUT. AND USE THIS PACKING GUIDE!

This seems obvious, but it's fundamental to your packing success. We have spent a great deal of time curating this guide to be as useful as possible to the whole packing process. We recommend reviewing this guide well before the start of your session to see if there is anything you need to order ahead of time. The guide also includes items NOT to bring to camp, which you should pay close attention to (See pages 7-8.)

AT THE VERY LEAST, PLEASE PRINT OUT PAGE 10 OF THIS GUIDE!

MAKE PACKING A TEAM EFFORT: INCLUDE YOUR CAMPER IN THE PROCESS

When your camper is away, you won't be there to help locate things you packed. It's important for kids to feel responsible for their own belongings and aware of everything they're taking to camp. Include them in picking out items to pack, organizing things into piles, putting things into their bag, or checking things off of the list. That said, it's still super important that the overall process is overseen by an adult so nothing is forgotten or brought to camp that should be left at home!

START FROM SQUARE ONE: WHICH BAG SHOULD YOU USE?

In packing, duffel bags or suitcases are preferable, particularly if they're collapsible. Our "MegaPak", featured in our <u>online camp store</u> is the perfect camp luggage! Bags that are collapsible are best suited for camp, as once unpacked, bags are stored underneath the camper's bed. The children's belongings are all unpacked at camp, and each has his/her own set of shelves. Don't forget to add tags to your camper's luggage in case they get separated!

THE WATER BOTTLE: PERHAPS THE MOST IMPORTANT THING TO PACK!

In our efforts to maintain good health for everyone, we urge campers to keep a water bottle filled with our fresh, pure drinking water FOR FREQUENT DAILY USE. To avoid loss, we suggest a carrier such as a shoulder strap, waist pack, or 'Camelback'. No need to send bottled water with your camper.

THE ESSENTIAL SLEEPING BAG

We find the Sleeping Bag the ideal camp bedding. It is easy to make (yes, the campers make their bed neatly each morning!), keeps the campers warm on the cool-ish nights here in the mountains; can be equipped with a washable liner (which keeps the hygiene level high), and is a MUST for overnight camping trips. A good quality bag with a full zipper can be a lifetime investment. Medium weight (it never gets below 40°F here in the summer) is ideal. Don't forget to mark it with your camper's name! Some campers choose to bring a fitted sheet as a barrier between their sleeping bag and the mattress, and some kids bring a full sheet and comforter set! (Our bunk beds are twin-sized). Most campers though tend to opt for just a sleeping bag. Bring what you're most comfortable with!





"ALL THE DIRT ON LAUNDRY"

Two-week campers have the option of having their laundry done during their stay (laundry service is not available for one-week campers). Friendly Pines Camp will cover the first \$12 of laundry. Any charges over the \$12 will be applied to the camper's store account. The laundry service we use charges approximately \$1.75 per pound. Though laundry weights vary from camper to camper, 6-12 lbs of laundry is pretty typical. We send in laundry once in a two-week session, around the weekend between arrival and departure. Campers, therefore, will return home with a week's worth of dirty laundry.

It's important to know how the laundry service works (unless you decline the laundry service all together). All of the girls' laundry usually goes to town on Saturday and all of the boys' usually goes to town on Sunday. The clothes arrive at the laundry in huge cabin-group laundry bags. Inside the cabin-group laundry bags is each camper's own laundry in his or her own laundry bag. After washing, drying, sorting, and folding the clothes, the laundry service sends all the clean clothes back in individually-marked packages. In order to sort the clothing, the folks at the laundry must, therefore, be able to read the name of the camper on each and every article of clothing. On the day the laundry comes back, our office receives any unmarked laundry that we must attempt to reunite with each owner. This method works most of the time; unfortunately, we find that some of the campers, particularly the younger ones, aren't able to identify their own items, like jeans (since they all do look pretty much the same)! In many cases, campers don't even realize that the clothing is missing until the day the counselor packs them to go home.

Below are some things that YOU can do to avoid losing things at camp and keeping your laundry costs down:

IT IS CRITICAL THAT YOU MARK ALL OF YOUR BELONGINGS

Whether or not you choose the laundry service, this point is so important, we'd like to repeat it. It is absolutely critical that you mark all your belongings!

USE INDELIBLE METHODS OF MARKING LAUNDRY

Waterproof laundry markers such as Sharpies or a personalized labeling system are best. Anything else might simply wash away.

This may seem like a "no-brainer," but it's surprising how often someone will use a black laundry marker to write the camper's name on the collar of a black shirt. Situations like these call for something like white label tape that you iron on or sew on the garment. You can even buy a white laundry marker!

MARK THE CLOTHES IN AN EASY-TO-FIND LOCATION

We strongly suggest that you mark inside and to the back of the neck band of shirts, sweatshirts, jackets, raingear, PJs, etc. Mark shorts, underwear, jeans, swim-trunks, PJ bottoms, etc. within and to the back of the waistband. Mark socks along the foot or toe, if written, or attach label to top of sock; towels, pillow cases, and blankets along the hem area. Some folks like to "hide" the camper's name for fear that marking the article in an obvious location will "ruin" it. As a result, they'll mark the item in a location so obscure that you'd need a treasure map to find it. A little rule of thumb: If you have an article of clothing that you feel will be "ruined" by a marker or label tape, please leave that article at home!

BE SURE TO MARK EVERYTHING!

Label not only those items typically going to the laundry, but also things like bathrobes, belts, jackets, boots, pillows, sleeping bags, cameras, toothpaste, soap dish, and toiletries. In short, to reduce the risk of losing it, write the camper's name on it!

MAKE SURE CAMPERS SEND IN ONLY THEIR OWN LAUNDRY

Again, our staff will try to police this as well, but campers need to make sure only their laundry is going in their laundry bag.
Because of the way the laundry is done (1 camper, 1 washer, 1 dryer), Susie could be charged for someone else's laundry if another camper's article arrives at the laundromat in Susie's laundry bag. Our office staff will watch the charges and will notify the Director and/or counselor if a notably high charge comes in for someone's laundry. In that case, parents may be notified as well.

HAVE AN ADULT DO THE MARKING ON ALL CLOTHING AND BELONGINGS!

Like filling out enrollment applications and medical forms, the job of marking the camper's belongings is best handled by an adult. Though we think it's a good idea to have your camper help in getting ready to go to camp, we don't think it's wise to hand a child a marker and a stack of clothes and tell him "have at it". Needless mistakes will occur, and some of those mistakes can be costly.

INFORM YOUR CAMPERS NOT TO SEND HEAVY ITEMS TO THE LAUNDRY

Our counselors will keep an eye on this too, but campers should avoid sending in blankets, sleeping bags, and other heavy items that could wait to be laundered at home.

LEAVE EXPENSIVE CLOTHES AT HOME!

The beauty of camp is that fashion is irrelevant. Here we're liberated from the burden of having to be "in style." By bringing expensive clothes, you're only running the risk of losing them or having them destroyed. We think it's best to bring clothes that won't upset you should they happen to get worn-out or misplaced over the course of the summer. Let's be honest. Clothes get dirty at camp, sometimes real dirty. Up at 7 AM, campers spend a full 14 hours horseback riding, climbing, hiking, cooking by campfire, playing in the creek, helping in the pet farm, and camping out. Though we stress cleanliness, good grooming, and hygiene, it's important that the boys and girls are free to learn and play without worrying about frayed hems, grass-stained elbows, or soiled socks. You might consider factory outlets, clothing exchange stores, yard sales, and/or thrift shops – why not?

Of course, two week campers always have the option of sending a full session's worth of clothes to camp. Then everything they bring to camp would return home, ready to be laundered, promptly. This, however, will not prevent the possibility of lost clothing and belongings. Unmarked items can be just as easily lost right here at camp.

Note: Please refer to the Packing List & make your decision to accept or decline laundry service. Please mark "yes" or "no", then sign and date. <u>If neither is indicated, your child's clothing will</u> <u>be sent out for laundry service</u>. There is no additional cost for laundry service unless the poundage exceeds our standard offering.





DRESS CODE

The purpose of the FPC Dress Code policy is to ensure that all campers and staff are able to have the best time at camp without having to worry about what they're wearing. Usual play clothes - jeans, t-shirts, shorts - are what we wear at camp; Camp is not a runway or a place to show off your fancy clothes. Clothing that you can comfortably move in, participate in activities in, and feel confident and good about yourself are all great things to wear at camp.

There may be some articles of clothing that we may ask you to bring that you maybe aren't used to wearing. This is mostly to do with safety and practicality concerns. For example, we require all campers and staff to wear t-shirts that have sleeves (i.e. no tank tops or spaghetti straps). This is for sun protection, as days in the mountains can be VERY sunny! We ask that swimming costumes are practical for high-energy play: a one-piece bathing suit or comfortable-length board shorts are better suited for attempting to stand up on the rolling log in the pool than a bikini or super short swim trunks would be. We wouldn't ask you to pack certain items if we didn't have a good reason for it!

While our staff works hard to enforce our standard of dress, we try not to make it our only focus. All campers and staff should be able to dress comfortably for camp and engage in activities without fear of actual unnecessary discipline or body shaming. What we don't want to happen is for our clothing requirements to reinforce or increase marginalization or oppression of any group based on race, sex, gender identity, gender expression, sexual orientation, ethnicity, religion, cultural observance, household income, or body type/size, and our dress code policy shall be enforced consistently.

At the end of the day, FPC expects all campers, staff, and visitors will dress in a way that is appropriate for camp & participation in our activities. The last thing we want is for both the individual and those around them to feel uncomfortable due to clothing choices. All campers and staff should understand that they are responsible for managing their own appearance without regulating another individual's clothing/self-expression. With all of us working together to uphold our standards, we hope to maintain a focus on what truly matters: having the best time ever at camp!

STUFFTO LEAVE ATHOME

Camp provides its own entertainment and stimulation. If any unsuitable items, not limited to the list below, are brought to camp, they are locked safely in the camp office until departure time.

- Food or gum
- Extra cash
- Good jewelry
- Large & dangling earrings
- 8 Heavy makeup
- Hair heat tools (e.g. hair dryer or flat iron)
- Aerosol spray cans
- Expensive toys/clothing
- Any battery, electrical, or gas powered items or devices (except flashlights or fans!)
- Vapes, Juuls, cigarettes, lighters, alcohol, pornography, or any other contraband

- S Firearms, ALL knives, hand axes
- Electronic equipment of <u>ANY</u> sort: cell phones, computers, MP3 players, video games, radios, TVs, hand-held video game consoles, electronic books (e.g. Kindles)
- Clothing or items that display alcohol, drugs, swear words, political affiliations, or any controversial or inappropriate messages
- "Questionable taste" items of any sort

PLEASE CALL US IF YOU HAVE QUESTIONS ABOUT WHAT NOT TO BRING!



GREAT CLOTHING ITEMS TO BRING TO





CLOTHING YOU SHOULD LEAVE AT HOME:



2023 FPC PACKING GUIDE | PAGE 8





HOW TO USE THE PACKING LIST

Mark **EVERYTHING**with child's full name

Yes, that means <u>every</u> item your child brings - not <u>just</u> clothing!
Don't forge to label luggage too for easy ID on arrival & departure days

We suggest either a permanent marking pen, such as a "Sharpie", or iron-on labels. Note: if you choose an iron-on gummed tape, be sure it is of high enough quality to withstand multiple washings and commercial dryers.

Write ON the "check-list" how many of each article you are sending as you pack it

You'll need to <u>print</u> a hard copy packing list for <u>EACH</u> camper

Do not overlook marking and listing clothing and other items <u>worn</u> or <u>carried</u> to camp! Think hats, shoes, etc. that campers wear the day of arrival.

We have suggested next to each item the recommended amount you should pack. This is based on our estimation of what the average camper would need per week of camp (with two-weekers getting their laundry done halfway through their session)

PACK the completed list <u>IN</u> the camper's bag

<u>Each</u> camper's list should be packed in their <u>own</u> luggage.

Counselors will be looking for these completed lists when they unpack their campers. Your count will be verified as we unpack the campers, and their possessions will be tallied again as we pack them up to return home.



2023 CAMPER PACKING LIST

CLOTHING	CAMPED FIRST NAME.
# un- re- sent pack pack	CAMPER FIRST NAME:
COWBOY HAT/BALL CAP (1-2 hats) Cowboy Hat required for special camp ceremonies. Baseball cap	CAMPER LAST NAME:
or sun visor optional.	SESSION(S):
JEANS/PANTS/LEGGINGS (3-4 pairs) REQUIRED for horseback riding, and jeans are preferable; must	CAMPUSE COLINICELOD: CADINI:
<u>REQUIRED</u> for horseback riding, and jeans are preferable; must be full length and go all the way to the ankle. Still a good idea to pack even if your camper does not plan to ride.	ONLY: COUNSELOR: CABIN:
JACKET OR SWEATSHIRT (At least 2)	*PRINT A HARD COPY OF THIS LIST & PACK COMPLETED FORM IN CAMPER'S LUGGAGE!*
PONCHO OR RAINCOAT (At least 1) NECESSARY for camp, we swear! We will get summer rain storms, particularly in July.	<u>SEPARATE</u> LIST & <u>SEPARATE</u> LUGGAGE FOR <u>EACH</u> CAMPER PLEASE! PLEASE MARK <u>EVERYTHING</u> - NOT JUST CLOTHES!
SHORTS (5-7 pairs)	LAUNDRY SERVICE
SOCKS (9-10 pairs)	Please make your selection below and sign/date. If you <u>do not</u> complete the below, v
SWIMSUIT (1-2 suits) Please keep midriffs covered: one-pieces, tankinis, rash guards are best. Swim shorts should also be a comfortable length	will assume you WANT laundry service. Laundry service is not available to one-week campers. *AS A REMINDER: LAUNDRY SERVICE IS NOT PROVIDED FOR <u>ONE</u> -WEEK CAMPER:
T-SHIRTS (7-8 tops)	YES. I've read 'All the Dirt' on Laundry NO. I've read 'All the Dirt' on Laundry
Please, no tank tops, spaghetti straps, or crop tops; shoulders should be covered	and I <u>do</u> wish for the camp to arrange and I <u>do not</u> wish for the camp to laundry service for my child. I arrange laundry service for my child.
UNDERGARMENTS (At least 9-10) Underwear, bras, undershirts, etc.	understand that charges for laundry will be added to my camper's store account. I've sent adequate clothing and supplies for his/her stay at camp. My camper(s) is aware of my decision.
BED & BATH	decount. Camper(s) is aware of my decision.
# un- re- sent pack pack	PARENT/GUARDIAN SIGNATURE DATE
BATH TOWEL (2)	"BRING IF YOU WANT TO" ITEMS
BEACH TOWEL (1) For use at pool for swimming and lake for canoeing	# un- re- sent pack pack
HAND SANITIZER (1-2)	CAMERA (1) Disposable is best, but digital cameras are permitted, so long
Personal, portable size recommended	it cannot connect to the internet (phones or iPods for camera purposes are not allowed). There are a limited # of outlets in
PILLOW (1)	each cabin to charge digital camera batteries.
PILLOW CASE (2)	ROUND DANCE CLOTHING It is not vital to have dance night duds, but some of the
SLEEPING BAG (1) REQUIRED for the Overnight campout!	children seem to like them. No opened-toed shoes, please!
SUNSCREEN (1)	BLANKET (1)
SPF 30 or greater recommended	FREE TIME SUPPLIES Games & equipment to use with cabin mates during free-tim
TOILETRIES	Games & equipment to use with cabin mates during free-tim like a football, deck of cards, friendship bracelet supplies, frisbee, stickers, coloring books & crayons, etc.
(Tip: highlight what you do pack from this list!): Toothbrush 漢, toothpaste 漢, dental floss, body wash, shampoo 漢, conditioner 漢,	SHEETS + COMFORTER (2 sets)
comb, hair brush 🗏 , deodorant 🗏 , face cleanser/wipes, glasses, contact lenses and solution, nail clippers, period products 📜 , bug spray 📜 , shaving supplies, etc.	Some campers like to use a fitted sheet under the sleeping be Others like to use sheets & a comforter in the cabin and save the sleeping bag for the overnight. Our bunk beds will fit twir sized bedding.
FOOTWEAR	RIDING BOOTS (1 pair)
# un- re- sent pack pack	(Camp has plenty of loaners). For Western/English riding. Mus have a smooth sole and a pronounced heel; cowboy boots are
SNEAKERS/TENNIS SHOES (2 pairs)	great.
Closed-toed only, please! Hiking boots optional WATERFRONT SHOES (1 pair)	SAFETY HELMET (I) (Camp has plenty of loaners). For Western/English riding.
Closed-toed only, please!	SHOWER SHOES (1 pair)
EQUIPMENT & ACCESSORIES	Flip flops are okay inside the cabin ONLY. Flip flops cannot be worn to the additional external bathhouses or anytime campa
# un- re- sent pack pack	is not inside their cabin.
FLASHLIGHT OR HEADLAMP (1-2) Don't forget batteries !	BOOK & COSTUME DONATIONS Any outgrown books for camp library? Or costumes for our Drama Shed?
LAUNDRY BAG (1) \(\mathre{\matrix}}}}}}}}}}}}}}}}}}}}}}}}}}}}}}}}}}}}	ITEMS BROUGHT NOT LIGHT list anythina that doesn't fit below a
For drinking water in the cabin, rinsing after brushing teeth	ITEMS BROUGHT, NOT LISTED list anything that doesn't fit below the back of this sheet. # un: re-,
WATER BOTTLE (1-2) 📜	# un- re- sent pack pack
ESSENTIAL! All campers should have one or two bottles and will be reminded to stay hydrated!	
WRITING PAPER/ENVELOPES/STAMPS Fig. 1. As much as you'd like to bring! Campers will be provided with one	
As much as you'd like to bring! Campers will be provided with one postcard per week.	