



COMPLETING THE ONLINE CAMPER HEALTH HISTORY FORM

The Camper Health History Form is done online and is the focus of this document.

Parents and/or guardians complete Camper Health History. The Camper Health History deals with allergies, dietary needs, past injuries, illnesses, etc. You can complete this online form at any time, but it **MUST BE COMPLETED BY THE SESSION'S CORRESPONDING DUE DATE LISTED ON PAGE 3.**

Below are some basic instructions on COMPLETING THE ONLINE CAMPER HEALTH HISTORY FORM. If you have any questions please contact us and we will be glad to help you!

1) Go to the Friendly Pines Camp website (<https://friendlypines.com>); hover over the "CURRENT FAMILIES" tab at the top of the homepage and wait for the menu to pop up. Then, click "Account Login". (You can also click on the "ENROLL NOW/JOIN THE WAITLIST" button at the top of the page.)

Use the email address and password you used to create your camper's application; i.e., do not create a new account, as your camper's enrollment info will not be present within this new account. If you can't remember your password, you can use the "Reset Password" link with the email address you used before. This will bring you to the Online Registration Homepage.

2) Click on the "View Details" link under the "View My Registrations/Summer 2025" header.

3) You should now be on the "REGISTRATION DETAILS" page. On the right side you will see the Forms column. It should show each registered camper and the forms that have already been submitted, as well as the ones that have yet to be completed.

4) Click on "CAMPER HEALTH HISTORY" for the camper, or one of the campers whose form needs "to be completed".

You should now be on Page 1 of this 6 page form. You may proceed.

Note: All items throughout the form with a red asterisk () are required.*

**PAGE 1 -
HEIGHT & WEIGHT**

These are the only required pieces of information for this page.

| | |
|---|---|
| <p>PAGE 2 - ALLERGIES & DIETARY RESTRICTIONS</p> | <p>Here, you will give us complete information about the camper's allergies and dietary needs. This information will be shared with the medical staff, the kitchen, and your camper's counselor.</p> |
| <p>PAGE 3 - MEDICATIONS & TREATMENTS</p> | <p>Please list all prescribed medications your child is currently taking (and will continue to do so at camp), as well as dosage. Doctor's note is required for non-prescription drugs & supplements such as vitamins and metatonin.</p> <p>A note about</p> <p><u>OVER THE COUNTER MEDICATIONS:</u> You will see a list of the medications we keep on hand in the Health Center. Indicate whether or not your child is allowed to take these medications. <i>Please don't send your camper with any of these OTC medications, we have them at camp!</i></p> |
| <p>PAGE 4 - HEALTH HISTORY</p> | <p>The form starts with a long list of medical conditions.</p> <p>The second part of the form is a list of diseases (mostly childhood diseases).</p> <p>When you check a box under either the medical conditions or disease history that applies to your child, another box will open which will allow for additional information about the occurrence, condition or illness.</p> <p>You will notice a section on activity restrictions. This section is intended for activities that you feel your camper should avoid or need help with because of physical restrictions. You are welcome, however, to use this section for letting us know about activities you would prefer your child not participate in for philosophical or personal reasons.</p> |
| <p>PAGE 5 - HEALTH INSURANCE & DOCTOR INFO</p> | <p>Provide health insurance and physician information here. Please remember that Friendly Pines Camp carries a modest health insurance policy for each camper. It will be used as the primary insurance in the event of illness or injury. There is a \$1,100 limit for illness and a \$3,500 limit for accidents. If the costs exceed this, the excess will be passed on to your insurance.</p> |

This is perhaps the most critical section of them all. Your electronic signature will allow us to seek medical care for your camper should that ever be necessary.

You're finished! Make sure you **submit** the Camper Health History; once you've correctly and fully done so, the Health History Form should carry a "Completed" status within your "Forms" column. Complete the form again for another camper if applicable.

ADDITIONAL INFORMATION:

- You may complete this form at any time, and the sooner the better!
- Please be timely. Information in both the **HEALTH HISTORY** and the **PHYSICAL EXAM** forms is reviewed by our medical staff **BEFORE** the campers arrive. The medical staff share important information about your campers with the children's counselors; therefore, we need this information a few weeks before the session actually begins in order to do our very best job for your camper.
- A reminder of our due dates, at right:

**MEDICAL PAPERWORK
& FORMS DUE DATES
BY SESSION**

| SESSION | DUE DATE |
|---|----------|
| ADVENTURE CAMP ADVENTURE TRAILS (May 25 - May 31) | May 11 |
| SESSION 1 PIONEER A & B LIT (June 1 - June 14) | May 18 |
| SESSION 2 EXPLORER A & B CIT (June 15 - June 28) | June 1 |
| SESSION 3 TRAILSEEKER A & B (June 29 - July 12) | June 15 |

IMPORTANT: ONCE THE FORM IS SUBMITTED NO CHANGES CAN BE MADE ONLINE. IF YOU NEED TO CHANGE INFORMATION, PLEASE CONTACT FPC DIRECTLY:

EMAIL: medical@friendlypines.com

PHONE: (928) 445-2128

FAX: (928) 445-6065