

COMPLETING THE ONLINE CAMPER HEALTH HISTORY FORM

Parents and/or guardians complete Camper Health History. The Camper Health History deals with allergies, dietary needs, past injuries, illnesses, etc. You can complete this online form at any time, but it **MUST BE COMPLETED BY THE SESSION'S CORRESPONDING DUE DATE LISTED ON THE NEXT PAGE.**

Below are some basic instructions on COMPLETING THE ONLINE CAMPER HEALTH HISTORY FORM. If you have any questions please contact us and we will be glad to help you!

1. Go to the friendlypines.com, then, click "[Account Login](#)."
2. Click on the "[View Details](#)" link under "[View My Registrations](#)."
3. On the right side, under "[Forms](#)," you will see "[CAMPER HEALTH HISTORY](#)." Start and submit the form.

PAGE 1 - GENERAL INFO	Height and weight are the only required pieces of information for this page.
PAGE 2 - ALLERGIES	This information will be shared with the medical staff, the kitchen, and your camper's counselor.
PAGE 3 - MEDICATIONS	Please list all prescribed medications your child will continue to take at camp. Doctor's note is required for non-prescription drugs & supplements such as vitamins and metatonin. There is a list of the OTC medications we keep on hand in the Infirmary. Indicate whether or not your child is allowed to take them. <i>Please don't send your camper with any of these OTC medications, we have them at camp!</i>
PAGE 4 - IMMUNIZATIONS	Friendly Pines Camp follows health and safety standards set by the American Camp Association and the Arizona Guide to Immunizations Required for Entry . Some vaccinations are required under Arizona guidelines, while others are recommended.
PAGE 5 - HISTORY	Medical conditions and diseases. Provide additional information about the occurrence, condition or illness. If your camper has any activity restrictions, please provide details. You are welcome to use this section to let us know about activities you would prefer your camper not participate in for philosophical or personal reasons.

PAGE 6 - INSURANCE	Provide health insurance and physician information here. Please remember that Friendly Pines Camp carries a modest health insurance policy for each camper. It will be used as the primary insurance in the event of illness or injury. If the treatment costs exceed our insurance's limit, the excess will be passed on to your insurance.
PAGE 7 - WAIVER	<u>Your electronic signature will allow us to seek medical care for your camper should that ever be necessary.</u>

Make sure you “COMPETE” the Camper Health History (not just save). The Camper Health History Form should now show "Completed" under “Forms” column. Complete the form for all registered campers.

ADDITIONAL INFORMATION:

- Please be timely. Information in both the HEALTH HISTORY and the PHYSICAL EXAM FORM is reviewed by our medical staff BEFORE the campers arrive. The medical staff share important information about your campers with the children’s counselors; therefore, we need this information a few weeks before the session actually begins in order to take care of your camper.
- A reminder of our due dates, at right:

MEDICAL PAPERWORK & FORMS DUE DATES BY SESSION	
SESSION	DUE DATE
SESSION 1 PIONEER A & B ADVENTURE TRAILS LIT A	May 17
SESSION 2 EXPLORER A & B LIT B	May 31
SESSION 3 TRAILSEEKER A & B CIT	June 14
SESSION 4 MOUNTAINEER A & B	June 28

IMPORTANT: ONCE THE FORM IS SUBMITTED NO CHANGES CAN BE MADE ONLINE. IF YOU NEED TO CHANGE INFORMATION, PLEASE CONTACT FPC DIRECTLY:

EMAIL: medical@friendlypines.com
PHONE: (928) 445-2128
FAX: (928) 445-6065